



# Holy Trinity St. John the Theologian

Fr. Mike Downs

## March 15<sup>th</sup>, 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>15</b> 8:45 a.m. Orthros 10:00 a.m. Divine Liturgy PC Meeting	<b>16</b>	<b>17</b> 5:30 p.m. Men's Bible Study	<b>18</b> 5:30 p.m. Presanctified Liturgy	<b>19</b> 4:30 p.m. Women's Bible Study	<b>20</b> 5:30 p.m. Salutations Philoptochos Retreat	<b>21</b> Philoptochos Retreat
<b>22</b> 8:45 a.m. Orthros 10:00 a.m. Divine Liturgy <b>Greek Independence Day</b>	<b>23</b>	<b>24</b> 5:30 p.m. Men's Bible Study	<b>25</b> 8:45 a.m. Orthros 10:00 a.m. Divine Liturgy	<b>26</b>	<b>27</b> 5:30 p.m. Akathyst	<b>28</b>

Strict Fast
 Fish Allowed
 Dairy Allowed
 Wine and Oil Allowed

## Welcome Visitors

We extend a warm welcome to visitors worshipping with us today. We would like to remind you that Holy Eucharist is reserved for those who have been baptized or chrismated in the Orthodox Church and have prepared themselves to receive the Eucharist. All visitors are welcome to receive the blessed bread at the end of the Divine Liturgy.

## Prayer List

Please keep the following individuals in your daily prayers: Dora, Anna, Matt, John, Joey, Anastasia, Despene, Emmanuel, Georgios, Vasilios, Rachel, Hannah, Evelyn, Delbert, Peter, Chuck, Martha Ann, Will, Lynn, Regina, Nan, Liddell, Thomas, Lori, Larry, Andrew, and Linda.

To add names to our community prayer list for 40 days of prayer, submit them to [frmike@holytrinityjackson.org](mailto:frmike@holytrinityjackson.org) or call the church office.

## Weekly Collections

Below are the General Fund collections for last week:

3/2 - 3/8 = \$ 1,017.40.

## Parish Council Leads/ Greeters

The parish council leads serving as greeters for this Sunday are Michael Glisson and Malissa Zouboukos.

## Memorial

This Sunday, March 15<sup>th</sup>, we will have a forty day memorial for Girma Mogus. May his memory be eternal.

## Extra Services

On Wednesday, March 18<sup>th</sup> at 5:30 p.m. we will have Presanctified Liturgy.

On Friday, March 20<sup>th</sup> at 5:30 p.m. we will have Salutations.

On Wednesday, March 25<sup>th</sup> at 10 a.m. we will have the Divine Liturgy for Annunciation.

On Friday, March 27<sup>th</sup> at 5:30 p.m. we will have Akathyst.

# Bearing Myrrh

Extending the beauty, compassion, and steadfastness of our faith into our daily lives

**METROPOLIS OF ATLANTA  
PHILOPTOCHOS**



# SPIRITUAL RETREAT

## PLANNED ACTIVITIES:

- Friday Night Salutations
- Excellent Sessions by our Speaker
- Lake Side exercise class
- Arts and Crafts
- Time for quiet reflection
- Opportunities for Confession
- Chapter Sharing
- Time by the fire pit in the evening

**MARCH  
20-22  
2026**

**DIAKONIA RETREAT CENTER**  
Salem, SC

GUEST SPEAKER  
**EDNA KING**

*Family Life Ministries of Atlanta  
Orthodox Author*



FOR MORE INFORMATION: 📍 <https://atlmetsopolis.org/spiritual-retreat-2026> ✉ [sarah.e.kalaris@gmail.com](mailto:sarah.e.kalaris@gmail.com)

## **Resurrectional Apolytikion. Grave Mode.**

By your Cross, O Lord, \* You shattered death; \* to the thief You opened Paradise. \* You transformed the Myrrhbearers lamentation, \* and commanded Your apostles to proclaim \* that You rose, Christ our God, \* granting to the world \* Your great mercy. (p. 103)

## **Apolytikion of the Holy Cross. Mode 1.**

Save, O Lord, Your people and bless your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth. (p. 107)

## **Of the Parish Church Mode Pl. 4.**

O blessed are you, o Christ our God. Who by sending down the Holy Spirit upon them, made the fishermen wise and through them illumined the world, and to you, the universe was ever drawn all glory to You, o Lord.

## **Of the Parish Church Mode 2.**

Apostle beloved of Christ God hasten to deliver a defenseless

people, for He who allowed you to recline on his breast will allow you bowing in intercession. Implore Him o Theologian to disperse the adversary, and grant us His peace and abundant mercy.

#### **Kontakion Mode Pl. 4.**

To you, defender and commander in a time of war, I, your City, offer gratitude for victory, for you rescued me from sufferings, O Theotokos. Since the power you possess is unassailable, from all dangers I entreat you to deliver me, that I may cry to you: Rejoice, O unwedded Bride. (p. 113)

#### **St. Paul's Letter to the Hebrews 4:14-16; 5:1-6**

BRETHREN, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest for ever, after the order of Melchizedek."

#### **The Gospel According to Mark 8:34-38; 9:1**

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."